

**Early Childhood Program Crosswalk**  
**April 2019**

	<b>HANDS</b>	<b>First Steps</b>	<b>Early Childhood Mental Health</b>	<b>Early Childhood Consultants</b>	<b>KY-Moms: Maternal Assistance Towards Recovery (MATR)</b>
<b>Age of child</b>	Pre-natal – two years	Birth – three years	Birth – five years	Birth- five years	Pregnancy to 60 days postpartum
<b>Eligibility criteria</b>	In order to receive HANDS services, families must be assessed prenatally or within the first three months (90 days) after the birth of the child.	Child eligibility for the program is determined two ways:  Developmental delay - A child may be eligible for services if an evaluation shows that a child is not developing typically in at least one of the following skill areas: communication, cognition, physical, social and emotional or self-help. Developmental delay is defined as 2 Standard Deviations from the norm in one of the 5 skill areas or 1.5 Standard Deviations from the norm in two or more of the 5 areas.	Children age birth through five years of age who have or at risk of developing behavioral health issues including areas social, emotional, and developmental functioning, and their families. The primary focus of the program is on children who are in early care and education (child care settings), and substance exposed infants and their families.	Early Childhood Consultants (ECC) funded by Kentucky Opioid Response Effort (KORE) offers the opportunity to work with infants, young children, and families impacted by opioid and other substance use disorders with a focus on infants and young children identified as having been exposed to substance in utero.	Prevention services: Available to any woman that is currently pregnant or parenting (up to 60 days post) that are currently using substances or are at risk for using substances during their pregnancy. This service is available for every pregnancy. Medicaid Recipient and assistance available for indigent individuals. Proof of Pregnancy or Delivery also needed from OBGYN/DR.  Pregnancy Case Management: Available to pregnant and/or parenting women (up to 60 days post) that are diagnosed with a substance use diagnosis. This is a stand-alone case management service for this population (does not have to be active in therapy services but does have to have a recent substance use assessment/diagnosis). This service is available for every pregnancy. Medicaid Recipient and assistance available for homeless individuals. Proof of Pregnancy or Delivery also needed from OBGYN/DR.

		<p><b>Established Risk Condition - A child may be eligible if he or she receives a diagnosis of physical or mental condition with high probability of resulting in a disability or developmental delay, such as Down Syndrome. There are 244 conditions recognized by First Steps.</b></p>			<p>Certified Prevention Specialists and Pregnant and Parenting Case Managers are available in all 14 of the Community Mental Health Regions for Medicaid Eligible Pregnant and /or Parenting Women and is administered by the Department for Behavioral Health, Developmental and Intellectual Disabilities. Funded by Tobacco Settlement Funds, Substance Abuse Block Grant Funds and Medicaid Reimbursement. (regional contracts can be found here <a href="http://dhdhid.ky.gov/dbh/documents/kmm/servicesmap.pdf">http://dhdhid.ky.gov/dbh/documents/kmm/servicesmap.pdf</a>)</p>
<p><b>Availability and Oversight</b></p>	<p>HANDS is available statewide and is administered by the Department for Public Health</p>	<p>First Steps is available statewide and is administered by the Department for Public Health.</p>	<p>The Early Childhood Mental Health Program (ECMHP) is available statewide and is administered by the Department for Behavioral Health, Developmental and Intellectual Disabilities and the Department for Public Health</p>	<p>The Early Childhood Consultants (ECCs) are available statewide and is administered by the Department for Behavioral Health, Developmental and Intellectual Disabilities funded by the Kentucky Opioid Response Effort (KORE).</p>	
<p><b>Focus of program</b></p>	<p>HANDS is designed to assist overburdened families during the critical first months of life while the baby's</p>	<p>First Steps is early intervention system that provides services to children with significant developmental disabilities from birth</p>	<p>The ECMHP is aimed at improving the behavioral health of children age birth through five, and their families in order to achieve improved social, emotional, and functional outcomes.</p>	<p>The primary focus of the ECCs role is to work with the ECMH program and responsible for increasing regional capacity for early childhood education and</p>	<p>The KY Moms Maternal Assistance Towards Recovery (MATR) program main focus is to provide prevention and case management services to pregnant and parenting women (up to 60-days postpartum) with risk of substance use or a diagnosis of substance</p>

<p>brain is being hardwired.</p> <p>HANDS is implemented through the Local Health Departments.</p> <p>Families begin by meeting with HANDS Parent Visitor who completes an assessment and discusses any questions or concerns about the pregnancy or a baby's first years.</p> <p>Based on the discussion, all families receive information and learn about resources available in the community.</p> <p>Those who are eligible and choose to enroll in the program receive further support by a</p>	<p>to age 3 and their families. First Steps is Kentucky's response to the federal Infant-Toddler Program.</p> <p>First Steps is implemented through 15 regional points of entry. The focus of the program is to increase child functioning and help parents learn strategies to enhance their child's growth and learning.</p>	<p>The ECMHP is implemented through the 14 regional Community Mental Health Centers (CMHC). Each CMHC employs an Early Childhood Mental Health Specialist who serves as the regional ECMH expert.</p> <p>The Specialists' time is devoted solely to their regional ECMH programs and building regional capacity to more effectively meet the behavioral health needs of young children and their families. This is achieved through the primary goals of the ECMH Program:</p> <ul style="list-style-type: none"> <li>• Indirect services: program- and child-level observation/consultation on social, emotional, and behavioral issues to programs that serve children age birth through five,</li> <li>• Direct services: screening, assessment, and treatment services for children age birth through five and their families, and</li> </ul>	<p>consultation regarding substance exposed infants and trauma exposed youth whose mothers are recovering from OUD to mitigate adverse childhood experiences and improve early childhood development and attachment.</p> <p>These primary goals can be accomplished by the following services:</p> <ul style="list-style-type: none"> <li>• Direct services: screening, assessment, and treatment (individual, group, family, collateral therapy) for children birth through five and their families,</li> <li>• Indirect services: consultations, referral, education, training, technical assistance, coaching, and outreach, and</li> </ul>	<p>use disorder to increase the instances of positive birth outcomes and healthy babies. Prevention services focus on providing substance use education to pregnant and parenting women, while identifying women who are in need of case management services through a behavioral health risk screening. Certified Prevention Specialists can also provide communities with technical assistance, trainings for medical offices, linkages to services, etc.</p> <p>Case Management is an in-home and/or community based service that assists pregnant and/or parenting women in accessing substance use treatment services for their substance use disorder while they are pregnant or during the first 60 days following birth of their baby. Case managers engage the mother in a collaborative process of assessment, planning, facilitation, care coordination, evaluation and advocacy for options and services to meet her individual and family's comprehensive health needs. Case Managers may also assist this population in addressing any DCBS or Drug Court Service/Case Plans through coordination of services and communication with DCBS and Drug Court professionals.</p>
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<p><b>Family Support Worker through weekly home visitation.</b></p>		<ul style="list-style-type: none"> <li>• Training related to working with young children with social, emotional, and behavioral needs and their families to fellow clinicians, child-serving agencies, and family members.</li> </ul>	<ul style="list-style-type: none"> <li>• Developmentally appropriate and evidence-informed practices in a location that best meets the needs of family (e.g., home, early care and education settings, hospitals, other community settings).</li> </ul>	
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<p><b>Services provided</b></p>	<p>A trained home visitor conducts home visits; frequency is determined on the basis of the family's needs. Services include developmental and social-emotional screenings for children (ASQ:3 and ASQ:SE) and domestic violence and perinatal depression screening (Edinburgh Perinatal Depression Screen) for parents. Health prevention is also a key focus of HANDS home visitation. Visitors work with families to establish medical homes and maintain up-to-date immunizations and well-child checks.</p>	<p>Screening and evaluation to determine eligibility are provided at no cost to families. Early intervention services are provided in accordance to an individualized Family Service Plan (IFSP). Families ability to pay for IFSP services is assessed; depending upon the income and size of household, a family share participation fee may be required. Private insurance is billed with parent consent. First Steps is payor of last resort.</p> <p>• Early Intervention services are based on the family's priorities and</p>	<p>To early childhood programs:</p> <ul style="list-style-type: none"> <li>• Program, classroom, and individual observation and/or consultation to programs serving children age birth – five</li> <li>• Training in early childhood mental health areas such as: <ul style="list-style-type: none"> <li>○ EC development</li> <li>○ Attachment</li> <li>○ Environmental Strategies</li> <li>○ Positive behavior management</li> <li>○ Other</li> </ul> </li> </ul> <p>To families:</p> <ul style="list-style-type: none"> <li>• Observation and/or consultation to families</li> <li>• Screening for social/emotional/behavioral health challenges.</li> <li>• Assessment of social/emotional/behavioral health needs.</li> <li>• Provision of or referral to clinical services to address social/emotional/behavioral health areas of concern.</li> <li>• Referral to other services or providers as appropriate.</li> </ul>	<p>ECCs can provide services to the following recipients:</p> <ul style="list-style-type: none"> <li>• Families of young children</li> <li>• Early care and education programs</li> <li>• Child care health consultants</li> <li>• Other programs serving children age birth through five (5) and their families</li> <li>• Behavioral health providers who work with young children and the families of young children</li> <li>• Primary care and behavioral health care providers who work with babies who have Neonatal Abstinence Syndrome (NAS) or other Substance Exposed Infants (SEI) and their families</li> <li>• Other community partners and agencies that provide services and supports may benefit young</li> </ul>	<p>KY Moms services are provided in the form of prevention services and case management services to Medicaid eligible pregnant and/or parenting women who are at risk for use of substances or are using substances during their pregnancy or up to 60 days post-partum. Prevention Services and case management services can be accessed during each related pregnancy.</p> <p>Prevention Education services are typically provided in a group setting and are often hosted in the following locations:</p> <ul style="list-style-type: none"> <li>• Libraries</li> <li>• Schools (pregnant or recently parenting teen parents)</li> <li>• Medical/Doctor Offices</li> <li>• Extension Offices</li> <li>• Community Centers</li> <li>• Hospitals</li> <li>• Health Fairs</li> <li>• Community Baby Showers</li> <li>• 1:1 in an Office Settings</li> <li>• Health Departments</li> <li>• Transitional Living Homes</li> <li>• Any safe place convenient for mother</li> </ul> <p>Case Management Services are offered on an individual basis and can be held in the following settings:</p> <ul style="list-style-type: none"> <li>• Mother's home</li> <li>• Family Member's home</li> <li>• Private room at a Library</li> </ul>
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	<p>In addition, a registered nurse or social worker provides quarterly visits to focus on the signs of premature labor, labor and delivery information, home safety, basic care, nutrition, exercise, safe sleeping, effects of smoking and secondhand smoke, stress, babies' cues, injury prevention, child development and temperament, and adjusting to parenting.</p>	<p>desired outcomes.</p> <ul style="list-style-type: none"> <li>• First Steps uses a consultative model of service delivery by a primary service provider with the caregivers as the focus of intervention (teaching caregivers what to do to enhance learning)</li> <li>• Services that may be provided include: <ul style="list-style-type: none"> <li>• Service coordination</li> <li>• Developmental Intervention</li> <li>• Speech-Language pathology</li> <li>• Physical Therapy</li> <li>• Occupational Therapy</li> <li>• Audiology services</li> <li>• Psychology services</li> <li>• Family therapy</li> </ul> </li> </ul>		<p>children and their families (e.g., community action, other state agencies, teen parenting programs)</p>	<ul style="list-style-type: none"> <li>• Community</li> <li>• Medical/Doctor offices</li> <li>• Health Departments</li> <li>• Hospitals</li> <li>• Transitional Living home</li> <li>• Any safe place convenient for mother</li> </ul> <p>Mother's that attend and participate in both prevention and case management services with KY Moms, qualify to receive incentives for their active participation.</p> <p>KY Moms professionals are also involved in the Plan of Safe Care initiative.</p> <p>Assistance for both prevention services and case management services for indigent mothers that meet criteria.</p>
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